

First Name: Jennifer From (optional): Chatham

Surgery Date: 8/29/11 Weight Loss (number of pounds): 108

Improvements in health (i.e. off blood pressure medications, no longer diabetic, etc.):

No more blood pressure meds, no more acid reflux meds. No longer pre-diabetic. Foot & knee pain improved!

1. What was your motivation to pursue surgery?

To avoid the terrible complications of obesity that my family members have suffered from. I want to live a longer, happier life!

2. What were your goals at the start of the program/process?

#1 Feel better! Feel like doing the things I could no longer do. #2 Look better! It does make a difference in business when you look good.

3. What are your biggest accomplishments?

Shopping for smaller clothes! Feeling comfortable enough to lay on the beach in a swimsuit! Fit comfortably in air plane seats.

4. What message would you give to someone just starting out in the program/process?

It is very hard work. But it is so worth it! Memorial has a wonderful program that is there with you every step of the way. Don't wish your life away!

5. How is life different now compared to life prior to your experience with Memorial Bariatric Services?

So much better! I feel better! I have so much energy and a renewed self confidence! I know that if I could do this, I can do anything!

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