

First Name: *Ruth* From (optional): *Rushville, IL*

Surgery Date: *Nov. 28, 2011* Weight Loss (number of pounds): *80+ lbs*

Improvements in health (i.e. off blood pressure medications, no longer diabetic, etc.):
No longer have sleep apnea, reduced joint pain

1. What was your motivation to pursue surgery?

I wanted to be healthier, feel and look better

2. What were your goals at the start of the program/process?

To lose about 140 pounds and to be able to keep it off

3. What are your biggest accomplishments?

I've lost in excess of 80 pounds so far and have gone from a size 24 to 14 in clothes. I like the way I look and feel and am confident about my ability to lose the rest of the weight that I want to lose.

4. What message would you give to someone just starting out in the program/process?

To work closely with the team, take everything they tell you seriously, do what you're told to do in order to prepare for the procedure and believe that you can reach your weight loss goals.

5. How is life different now compared to life prior to your experience with Memorial Bariatric Services?

I'm a person who has experienced just about every complication I was told was a possibility, some of them multiple times. Although I'm still working through these problems, I would absolutely make the same decision to have the procedure. It's definitely worth what I've been through to live my life so much more fully.

