

First Name: Ginny Fabs From (optional):

Surgery Date: Sept. 28, 2009 Weight Loss (number of pounds): 113

Improvements in health (i.e. off blood pressure medications, no longer diabetic, etc.): Off of cholesterol, insulin medication. I have more energy & blood pressure is great. Also off of acid reflux medicine

1. What was your motivation to pursue surgery?

Lack of energy, difficulty in tying shoes, bending/ stooping, wanting to get off diabetic medicine.

2. What were your goals at the start of the program/process?

To lose weight & to exercise.

3. What are your biggest accomplishments?

Weight loss, more confidence in talking & meeting people. Removed majority of medicine. Able to exercise with little or no problems.

4. What message would you give to someone just starting out in the program/process?

I would recommend the surgery to anyone that have a substantial amount of weight to lose or who are on several medications. I have had people ask me if I would do it again. 1. I do not plan to & 2. In a heart

5. How is life different now compared to life prior to your experience with Memorial Bariatric Services? best,

more outgoing, people more receptive to me. Happier and enjoy life. I have talked to several individual about the program & have either gone through the program, is going through or starting.

