

First Name: Barb From (optional): Springfield

Surgery Date: 8/2/2010 Weight Loss (number of pounds): 120

Improvements in health (i.e. off blood pressure medications, no longer diabetic, etc.):

dramatic drop in blood pressure
not as much pain in arthritic knees

1. What was your motivation to pursue surgery?

I was to the point w/ my blood pressure of my doctor putting me on blood pressure medication + could not stand the pain anymore.

2. What were your goals at the start of the program/process?

I would've been happy to be under 200 pounds + get relief from the above.

3. What are your biggest accomplishments?

I am in a size that I have not been ever in my adult life. I run for enjoyment. My blood pressure is completely normal and I am within 10 pounds of my weight in high school.

4. What message would you give to someone just starting out in the program/process?

This is not an easy journey or a quick fix, but if you use your tool properly it will change your life.

5. How is life different now compared to life prior to your experience with Memorial Bariatric Services?

I used to tell myself that "I guess this is just how God made me" (when I was fat), but looking back that was a cop out/cover up for how sad + miserable I was. Life has changed completely for the better physically for me. I have tons of energy + just generally enjoy life.

