

“Choose” to be Active.

Walk or Run in a Memorial Event This Spring/Summer!

Calendar of Upcoming Events

- April 13** Washington Park. Central Illinois Multiple Sclerosis 5K to raise funds for Memorial's Multiple Sclerosis patient assistance fund. Contact Christina Graham for more details: 801-2383.
- May 3** Downtown Springfield. Memorial-sponsored [Heart and Stroke Walk](#) to raise funds for life-changing and life-saving research and educational programs. Contact Paula Harwood for more details: 788-4986.
- May 3** Southwind Park. [Color Blaze 5K](#) at 11 a.m. 10 percent of proceeds benefit Memorial Regional Burn Center. Contact Kimberly Pitchford for more details: 788-3330.
- May 16** Illinois State Capitol. [Susan G. Komen Inaugural Springfield Race for the Cure®](#) sponsored by Memorial Health System. Contact Doris Garrett for more details: (309) 648-5882.
- May 17** Lincoln Land Community College campus. Memorial-sponsored [Girls on the Run](#) Spring Event. Contact Jennifer Sublett for more details: 726-9808.
- Sept. 6** Washington Park. Transplant Services 5K Run/Walk at 9 a.m. Contact Sara Danner for more details: 757-7835.
- Sept. 21** [Memorial SportsCare Women's Biathlon](#). Contact Tanker Wade for more details: 862-0357.